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GREAT FUTURES START HERE.



Argeo R. Cellucci, Jr. Clubhouse

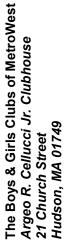
Membership will provide access to ALL program locations in Hudson, Marlboro, and Framingham!



School Year 2016-2017

21 Church Street Hudson, MA 01749 978-562-9924 (phone) 978-567-8951 (fax)

www.bgcmetrowest.org



MEMBERSHIP INFORMATION

Membership will give you access to ALL Metrowest Clubhouses

All youth participants of the Clubs must be members.

Our Drop-In program serves Grades 1-12. Membership fees provide individuals access to our many programs.

Please bring your membership card to the Clubs each day.

FREE membership through Tufts Health Plan

General Membership Fee:

One youth	\$25.00
Two youths in the same family	
Three youths in the same family	\$60.00

A membership entitles you to <u>all</u> program activities that <u>do</u> <u>not</u> specify an additional cost.

Visit our website for more information www.bgcmetrowest.org

MISSION STATEMENT

The Boys & Girls Clubs of MetroWest provide social, educational, physical, and cultural programming for boys and girls in the MetroWest area. The intent of these programs Is to enhance the development of children and to prepare young adults to be responsible and productive members of the community.

MEET THE STAFF

Church Street Clubhouse

Program Staff

Steve Zepf Club Director

Mike Rugg Teen Center Coordinator

Natalia Martinez Physical Education Coordinator

Pauline Hureau Admin/Book Keeper

The Boys & Girls Clubs of MetroWest Executive Offices

169 Pleasant Street Marlborough, MA 01752 (508) 485-4912

Francis Hurley President

Chris Duane Senior VP of Operations Heather Feinberg Director of Finance

Erin Harper Director of Development

Lauren Costedio Resource Development Associate

GREAT FUTURES START HERE.



If nar	ent/guardian cannot be reached:
	Relationship:
Address:	Telephone:
Name:	Relationship:
Address:	Telephone:
Name:	Relationship:
Address:	Telephone:
List any medical, physical, better serve your child: (all	or emotional conditions that we should be aware of to ergies, medication, etc.)
I understand that ever emergency requiring r	y effort will be made to contact me in the event of an medical attention for my child. However, if I cannot be horize the qualified staff at the Boys & Girls Clubs to he nearest hospital.
Child's Doctor & Insurance	:
Phone number & address:	
first aid to treat my chi 3. I give permission for m I understand that I will YES / NO (circ photographed	Clubs' staff/volunteers who are trained in the basics of ld when appropriate. y child to participate in field trips by means of bus/van. be notified in advance of any trips. cle one) - I give consent to have my child I/video taped for public relations purposes. des media, our website and brochures.
PARENT/GUARDIANSIGNAT DATE:	TURE:
For Office Use Only:	
Program:	

Date Entered into the system:_

CLUB HOURS

Monday-Friday

Grades	1 - 5	Cadets	Dismissal - 6:00 PM
Grade	6	Juniors	Dismissal - 7:00 PM
Grades	7-8	Intermediates	Dismissal - 9:00 PM
Grades	9-12	Seniors	5:00 PM - 9:00 PM

EARLY RELEASE DAYS

On Early Release days, the Club will be **OPEN.**

Holidays-\$15

School Vacations - \$60 for week

Sign ups are **<u>REQUIRED</u>** for all **Holidays** and all **School**

Vacation weeks

Hours: 8:00AM-5:30PM

HUDSON CLUBHOUSE OPENS SEPTEMBER 6TH

WE FOLLOW HUDSON PUBLIC SCHOOL CALENDAR

TRANSPORTATION

Transportation is available from: Quinn, Farley, Mulready,

and Forest Ave.

Transportation Cost: \$300 per year/per child

Payment plan available

EDUCATIONAL PROGRAMS

TIME	MON	TUES	WED	THURS	FRI
2:30-3:30	Power Hour Homework Club				
3:30-4:30	Pov	Keystone			
4:30-5:30	SMART Girls	Smart Moves	Career Exploration	Money Matters	Reysione

POWER HOUR HOMEWORK CLUB

Join the Power Hour Homework Club! Receive

homework help and tutoring in most subjects. Receive recognition & Power Hour Points for participation!



SMART KIDS

Small group discussion for kids ages 6-9. Learn about making good choices, staying safe, and being smart.

MONEY MATTERS

This program promotes financial responsibility & independence by building basic money management skills. The program begins in October.

HEALTHY HABITS

The "Mind" component of Triple Play where eating smart and maintaining physical fitness are emphasized to improve the overall well-being of Club members. This is a 10-week program meeting once a week. Members learn new recipes for eating well and enjoy fun activities on how to better themselves.

MEMBERSHIP REGISTRATION FORM

TYPE OF MEMBERSHIP (CHECK C	ONE): D NEW I	MEMBERSHIP	☐ RENEW MEMBERSH
1st CHILD'S NAME:			
ADDRESS:	7.5		=
CITY: BIRTHDATE:	ZIP:	PHC)NE:
BIRTHDATE:	AGE:	SEX:	GRADE:
SCHOOL:			
Transportation for first child: 2nd CHILD'S NAME:			
ADDRESS:			
CIIY:	ZIP:	РНС)NE:
BIRTHDATE:	AGE:	SEX:	GRADE:
SCHOOL:			
Transportation for Second C MOTHER (FEMALE GUARDIA HOME ADDRESS: HOME PHONE:	N):		
EMPLOYER:			
OCCUPATION:			
WORK PHONE:			
CELL PHONE:EMAIL ADDRESS:			
EWAIT ADDKE22:			
FATHER (MALE GUARDIAN):_ HOME ADDRESS:_ HOME PHONE:_ EMPLOYER:_ OCCUPATION:_ WORK PHONE:_ CELL PHONE:_ EMAIL ADDRESS:			
*********	ion provided wil INCOME: (Pleas	**************************************	**************************************
2. CHILD LIVES WITH: Other-Whom			Both
3. MARITAL STATUS OF PARENWidowedOther			arriedDivorced
4. TOTAL # OF PEOPLE IN THE	HOUSEHOLD:		
5. RACIAL/ETHNIC IDENTITY: (Ontionall		
White - not of Hispanic orig		Black - no	t of Hispanic origin
Hispanic	AII I	BIACK - NO Portugues	
Brazilian			e acific Islander
	Native		acinc isianael
American Indian/Alaskan	Native	Other	

INFORMATION FOR TEENS

The Teen Center is a relaxing atmosphere with pool tables, Wii, XBox 360, Big Screen TV, DVD's and much more!! It is a great place to meet new friends!

SCHEDULE

Grades 6	2:00 PM - 7:00 PM
Grades 7-8	2:00 PM - 9:00 PM
Grades 9-12	5:00 PM - 9:00 PM

Nights in the Teen Center

Dinner & Movie—Keystone Club Meetings—Teen Field Trips— Tech Center—Xbox Leagues—Fantasy Sports Leagues— AND MUCH MORE!!

TORCH CLUB - A junior leadership Club for **ages 11-13**. Have a say on the programs and activities for your group. Participate in community service, Club dances, field trips, and more.

KEYSTONE CLUB - Become a leader in your Club! Help raise money, participate in fun activities, and learn the importance of community service - **ages 14-17**.

SMART Moves - A curriculum based prevention education program. Youth build skills to successfully identify, resist and resolve negative conflict while building positive peer relations.

Job Ready program - Members build basic work skills and knowledge as they explore their interests. This program provides the opportunity to advance from jobs to careers!

TEEN HEALTH WORKSHOP SERIES

A series of workshops on issues facing teens facing teens today. A trained health educator will be providing some additional health-related workshops.

It is a privilege for all 8th graders & up to attend the Club earlier than 5:00pm.

TECH CENTER PROGRAM

TIME	MON	TUE	WED	THURS	FRI
2:30-4:30	Open to Power Hour Homework Help ONLY 2:00-3:30 Teens & 3:30-4:30 grades 1-5				
4:30-5:30	Weekly Workshop	Club Tech Grades 1-5	Weekly Workshop	Open Computers	Open Tech
5:30-6:00	B&G Club News	Club Tech Grades 1-5	B&G Club News	Club Tech Teens	Open Tech

Featuring Internet Access, laptop computers, laser printers and more. Learn computer basics, create a Club newsletter, work with Microsoft Office applications and much more!!



CLUB TECH:

Club Tech is divided into four ageappropriate levels. Members learn word processing, create spreadsheets, understand how computers work, and

learn how to use the Internet safely to access information and to communicate electronically.



CULTURAL ARTS

TIME	MON	TUE	WED	THURS	FRI
3:30-4:30	Arts/Crafts	Collage making	Arts/Crafts	Cooking	Freeze Dance
4:30-5:30	Fuse Beads	Arts and Crafts	Dance With Lisa	Jewelry Making	Scrap- booking

SOCIAL RECREATION

Ultimate Daily Game Room Leagues/ Tournaments/Challenges

Four Square Tournament -Monday:

> Members create their own team and compete against

other members.

Tuesday: **NHL Nok Hockey League -**

> Choose your favorite NHL Team to compete as.

Wednesday: Foosball Daily Tournament - WORLD CUP

FOOSBALL with professional soccer teams.

Air Hockey Line-Up - Members compete in a fast paced competition where one goal wins a

game.

Bumperpool League - Compete against Club

members and try to come up with a winning

strategy.





2016-2017 DANCE SCHEDULE

October 21th—Fall Dance December 16th—Holiday Dance March 24th-Father Daughter Dance

SPORTS & FITNESS

TIME	MON	TUES	WED	THUR	FRI
2:30-3:15		OPEN GY	M– Grades 5	and Up	
3:15-4:15	Crackerball	Triple Play Fitness Mania	Dodgeball	Triple Play Fitness Mania	Dodge ball
4:15-5:00	Football	Whiffle ball	Soccer League	Kickball	Football
5:00-6:00	3 on 3 basketball	Triple Play grades 6+	Football Skills	Triple Play grades 6+	Soccer Skills
6:00-9:00	Teen Gym	Open B-Ball	Teen Gym	Open B-Ball	Teen Gym

SPECIAL EVENTS

Skills **Programs** Learn the basics of your favorite sports in a relaxed friendly environment. The fundamentals will be stressed in this fun and interactive program. Please wear athletic cloth-

ing.

Seasonal Leagues

Leagues run for 10 weeks with awards given out at their

conclusion.

Fall-Football and Soccer Winter-Basketball and Hockey **Spring**-Whiffle ball and Power Ball

Triple Play Fitness Club The "Body" component of Triple Play Promotes young people to become more physically active through fun daily fitness, including activities to get kids active and moving.

Classes will be held on Wednesdays during the fall. Clas-Dance with Lisa ses will be a combination of Hip Hop and Jazz. Members will have 8 weeks of classes culminating in a recital at the Club for parents and quests.